

Advanced Specialised Training (AST) Help Sheet

AST ABORIGINAL AND TORRES STRAIT ISLANDER HEALTH

This Help Sheet is designed to give a one-page summary of requirements for the AST Aboriginal and Torres Strait Islander Health. Full curriculum, teaching and training post requirements details can be found in the [AST Handbook Aboriginal and Torres Strait Islander Health](#).

Training Sites	Prospectively accredited ACRRM AST Aboriginal and Torres Strait Islander appropriate post or combination of posts, normally in rural or remote Australia. Other locations may be considered on a case by case basis – see AST Handbook Aboriginal and Torres Strait Islander Health . for further details. The 12 months Full Time Equivalent (FTE) is generally spent working full time in the Aboriginal Medical Service (AMS), or a minimum 0.8 FTE must be spent working in the AMS and up to 0.2 FTE spent undertaking the project work
Supervision	Specific medical, cultural, professional and personal support and supervision arrangements are required for this AST, including an overall responsible <i>Specialist Supervisor</i> ; an <i>Academic supervisor</i> and a <i>Cultural mentor</i> . See ACRRM Supervisor and Training Post Standards for further information and page 8 of the AST Handbook for specific qualifications and required references for these important support specialists.
Suggested Prerequisites	Strongly recommended to be completed as final year (FTE) of ACRRM Fellowship training or PGY5+. Prior experience working with Aboriginal and Torres Strait Islander communities or groups is strongly recommended
Training Time	Minimum 12 months full time (FTE). If part-time, registrars should be employed no less than 0.5 FTE. The training may be undertaken in two or more blocks or concurrently with Core Generalist Training.
Education	Registrars are expected to average a minimum of four hours per week engaged in educational activities related to the AST. A record of education must be kept by the registrar and discussed with the Supervisor and Medical Educator regularly throughout training. Registrars must participate in the education program provided by the training post.
Required Courses	Registrars will supplement their learning by completing courses including ACRRM online courses which have content relevant to Aboriginal and Torres Strait Islander Health, See page 6 AST Handbook for list of recommended modules
Encouraged Courses	Registrars are encouraged to consider working towards related academic qualifications while undertaking their AST. See page 6 AST Handbook
Scope of Practice	Page 9 of the AST Handbook details required competencies for registrars to achieve during this AST
Credentials	Page 5 of the AST Handbook refers to the specific credentials expected of the registrar at the end of this AST
AST Required Competencies	Full list of competencies can be found in the AST Handbook page 9
Onsite Assessments See ACRRM Assessment Handbook	Registrars must submit to ACRRM: <ul style="list-style-type: none"> • 3 Monthly AST Plan and Progress Report completed by registrar and supervisor • 6 monthly FTE Academic Supervisor Reports with the project proposal on the Project Proposal Form and the completed project • 5 miniCEXs conducted by specialist supervisor • Five Case Based Discussions (CBDs) with Specialist Supervisor (strongly encouraged)
External Assessments	Project - will require ethics approval and must be approved by the ACRRM Censor in Chief before commencement. See Page 7 of AST Handbook and the ACRRM Assessment Handbook for specific requirements.

If you have any enquiries or concerns, please contact the ACRRM Training Team training@acrrm.org.au or your Training Officer or Medical Educator