

# Advanced Specialised Training (AST) Help Sheet

## AST ACADEMIC PRACTICE

This Help Sheet is designed to give a one-page summary of requirements for the AST Academic Practice. Full curriculum requirements, including teaching and training posts, can be found in the [AST Academic Practice Handbook](#). Please refer to the Handbook for more detail.

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| <b>Training Post</b>  | Prospectively ACRRM accredited AST post or combination of posts that combines academic practice (teaching and research) with clinical practice. Clinical practice may be undertaken in any ACRRM accredited Core Generalist Training (CGT) Post, or other posts as approved by ACRRM. See <a href="#">Supervisor and Training Post Standards</a> . Training will usually integrate academic practice experience with clinical practice experience, <b>with approximately 50% in each practice area</b> . Candidates seeking to undertake full time academic practice must seek permission from the College in advance.  |
| <b>Supervision</b><br>See <a href="#">Supervisor and Training Post Standards</a> for more detail              | Candidates undertaking AST in Academic Practice will require specific medical, professional, and personal support and supervision arrangements. This will include at least one:<br><b>Specialist supervisor</b> – usually a Fellow with relevant qualifications and experience who is responsible for the clinical supervision of the registrar.<br><b>Academic supervisor</b> with academic tertiary qualification and possible medical qualification who is responsible for the academic supervision of the candidate and assists the candidate with the Academic Practice project.   |
| <b>Trainee Eligibility</b>  | Satisfactory completion of 12 months Core Generalist Training (CGT) component of ACRRM Fellowship training or PGY3+ if not in Fellowship training   |
| <b>Training Time</b>  | Minimum 12 months Full Time Equivalent (FTE) as either full time or part time at no less than 0.5FTE. Can be undertaken in two or more blocks or concurrently with CGT time   |
| <b>Education</b>  | Average a <b>minimum of four hours per week</b> engaged in educational activities related to the AST. A record of education must be kept by the registrar and discussed with the Supervisor and Medical Educator regularly throughout training. Registrars participate in education sessions provided by the training post related to research and clinical education. See page 5 <a href="#">AST Academic Practice Handbook</a> for examples of other education activities   |
| <b>Encouraged Courses</b>   | Registrars undertaking this AST are generally working towards, or have completed, related academic qualifications. For list of possible courses see page 5 <a href="#">AST Academic Practice Handbook</a>   |
| <b>AST Required Competencies</b>  | Competencies and the standard required in Advanced Specialised Training are listed on page 8 of <a href="#">AST Academic Practice Handbook</a>  |
| <b>Onsite Assessments To be submitted to ACRRM</b>  | <a href="#">AST Plan and Progress Report</a> completed every 3 months by supervisor and registrar.<br><a href="#">AST Project - Academic Supervisor Report</a> is submitted three times for a funded Academic Post (four monthly) and twice for a non-funded AST Academic Post (six monthly).<br>Report on the observation and feedback of five teaching/assessment activities (comparable to miniCEX requirement, for academic activities)   |
| <b>External Assessments</b><br>See the <a href="#">Fellowship Assessment Handbook</a> for further information | Registrar must enrol in <a href="#">AST Academic Practice Project</a> and successfully complete a Project, during the AST, that relates to Academic Practice. To be original work at, or near, Masters level done by the registrar. Options for projects may include research and development of a practical resource or a research project that contributes to current knowledge in a particular discipline and relating to key learning objectives in the specific curriculum. All projects will require ethics approval. A candidate's AST <a href="#">Project Proposal Form</a> and <a href="#">AST Project - Academic Supervisor Report Form</a> including details of ethics approval must be submitted to the College for review and approval by the Censor in Chief <b>before commencement</b> of the actual project. Completed projects must include submission of a piece of assessable written work of approximately 4000–5000 words in length. |

If you have any enquiries or concerns, please contact the ACRRM Training Team [training@acrrm.org.au](mailto:training@acrrm.org.au) or your Training Officer or Medical Educator