

Advanced Specialised Training (AST) Help Sheet

AST ADULT INTERNAL MEDICINE (AIM)

This Help Sheet is designed to give a one-page summary of requirements for the AST Adult Internal Medicine. Full curriculum requirements, including teaching and training posts, can be found in the [AST AIM Handbook](#) please refer to this and the ACRRM [Handbook for Fellowship Assessment](#) for more detail.

Training Post	Prospectively ACRRM AST accredited post, or combination of posts, that have caseload and teaching capacity to provide appropriate experience and training in a sufficient range of general and sub-specialty AIM conditions to meet the requirements of this AST. Please see page 6 of AST AIM Handbook for more details of suitable posts.
Supervision	<i>Specialist supervisor</i> – a doctor holding a Fellowship of RACP or other Fellowship with relevant qualifications and experience who is overall responsible for the clinical and educational supervision of the registrar. See Supervisor and Training Post Standards for more details.
Trainee Eligibility	Satisfactory completion of 12 months the ACRRM Core Generalist Training (CGT) training or be PGY3+ for those doctors not in Fellowship training.
Suggested Prerequisites	Prefer past rural training time experience to allow context
Training Time	Minimum 12 months full time (FTE) or equivalent part time training at no less than 0.5FTE
Education	Average minimum of four hours per week engaged in educational activities related to the AST – see ACRRM Supervisor Guide . A record of education must be kept by the registrar and discussed with the Supervisor and Medical Educator regularly throughout training. Registrars participate in the RACP registrar education program and education tailored to the AST curriculum.
Required Courses	Registrars must successfully complete or be a recognised instructor in one of the following adult EM courses: <ul style="list-style-type: none"> o Rural Emergency Skills Training (REST), or o Adult Life Support Australian Resuscitation Council Level 2 (ALS2), or o Emergency Life Support (ELS), or o Advanced and Complex Medical Emergencies (ACME)
AST Required Competencies	Registrars must attain one or more advanced diagnostic and/or therapeutic procedures eg exercise stress testing, Holter monitoring, ultrasound, endoscopy.
Onsite Assessments Refer to ACRRM Fellowship Assessment Handbook for further information	Registrars must submit to ACRRM the following: <ul style="list-style-type: none"> • AST Plan and Progress Report Advanced Specialised Training completed by registrar and supervisor every three months. • Five Mini-Clinical Evaluation Exercises (Mini-CEXs) spread across the year conducted by supervisor. See MiniCEX Formative Scoring Form. The MiniCEX consults should be undertaken progressively during training and include a range of types of consults, age groups and mix of genders. • Five Case Based Discussions (CBD) encouraged. See CBD forms for templates.
External Assessments	ACRRM run AST Adult Internal Medicine (AIM) Structured Assessment using Multiple Patient Scenarios (StAMPS) which is an OSCE/viva voce style case-based college examination in which the candidate is given community profile (see AST AIM StAMPS profile) on which to base answers. ACRRM provides mock examinations prior to scheduled StAMPS exams. Registrars must gain a pass in AST AIM StAMPS. See ACRRM Fellowship Assessment Handbook for further information

If you have any enquiries or concerns, please contact the ACRRM Training Team training@acrrm.org.au or your Training Officer or Medical Educator