

Advanced Specialised Training (AST) Help Sheet

AST EMERGENCY MEDICINE

This Help Sheet is designed to give a short summary of requirements for the AST Emergency Medicine. Full curriculum and competency requirements, including teaching and training posts, can be found in the [AST Emergency Medicine Handbook](#).

Training Post	Must be undertaken in a prospectively ACRRM accredited hospital or hospital network. Posts must have the caseload and teaching capacity to provide training in a sufficient range of emergency conditions to meet the requirements of this curriculum.– see page 6 AST Emergency Medicine Handbook for more details of examples of suitable emergency posts.
Supervision	Specialist supervisor – FACEM or other relevant Fellowship with relevant qualifications and experience – see Supervisor and Training Post Standards for further information. Responsible for overall clinical and educational supervision of the ACRRM registrar
Trainee Eligibility	Satisfactory completion of 12 months Core Generalist Training component of ACRRM Fellowship training (PGY2+) or PGY3 for those doctors not in Fellowship training.
Suggested Prerequisites	Satisfactory completion of rotations in an anaesthetics/intensive care unit (ICU) and paediatrics is strongly desirable.
Training Time	Minimum 12 months Full-Time Equivalent (FTE). If part-time, must be employed at least 0.5 FTE. Training can be broken into 2 or more blocks.
Education	Average minimum 4 hours per week participation in acceptable AST related educational activities - see ACRRM Supervisor Guide for more details. Record of this education is to be kept by the registrar and discussed regularly with Supervisor and Medical Educator. Registrars to participate in ACEM education program in addition to education tailored to the AST curriculum.
Required Courses	Successful completion of, or be a recognised instructor in one course from each of three categories below, preferably before commencement of AST or be enrolled in these courses prior to commencement of AST year: Trauma: Early Management of Severe Trauma (EMST), or Emergency Trauma Management Course (ETM) Adult: Rural Emergency Skills Training (REST), or Adult Life Support Australian Resuscitation Council Level 2 (ALS2), or Emergency Life Support (ELS), or Advanced and Complex Medical Emergencies (ACME), or Effective Management of Anaesthetics Crises (EMAC) Paediatrics: Advanced Paediatrics Life Support (APLS) course, or Advanced Paediatric Emergency Medicine course (APEM). Other nationally or internationally recognised Emergency Medicine courses covering the same competencies may also be acceptable. An adult and a paediatrics course must have been undertaken in the five years prior to completing the AST.
Encouraged Courses	Emergency obstetric course such as Rural Emergency Obstetric Training (REOT) or Preparation in Maternity Safety (PIMS).
Onsite Assessments See Fellowship Assessment Handbook for further information.	To be submitted to ACRRM: <ul style="list-style-type: none"> • Plan and Progress Report Advanced Specialised Training – 3 monthly to be completed by registrar and supervisor. • <i>Minimum</i> of five Mini-Clinical Evaluation Exercises (Mini-CEXs) conducted by nominated supervisor or FACEM over the year and to include a reasonable range of consult types, age groups, both genders. See MiniCEX Formative Scoring Form. Two MiniCEXs may be replaced by Direct Observation of Procedural Skills. • <i>Five Case Based Discussions</i> conducted by their supervisor. See ACRRM CBD forms. • Completion of AST EM Logbook
External Assessments	ACRRM AST Emergency Medicine Structured Assessment using Multiple Patient Scenarios (StAMPS), an OSCE/viva voce style case-based college examination in which the candidate is given community profile on which to base answers, please click AST EM Stampsville Profile and ACRRM Rural Generalist Assessment Page .ACRRM provides Mock examinations prior to scheduled StAMPS exams.

If you have any enquiries or concerns, please contact the ACRRM Training Team training@acrrm.org.au or your Training Officer or Medical Educator