

Advanced Specialised Training (AST) Help Sheet

AST PAEDIATRICS

This Help Sheet is designed to give a one-page summary of requirements for the AST Paediatrics. Full curriculum requirements, including teaching and training posts, can be found in the [ACRRM AST Paediatrics Handbook](#), please refer to this for more details regarding competencies, assessments and teaching requirements.

Training Post	Prospectively accredited ACRRM AST Paediatrics site or combination of sites Training can be undertaken across one or more posts prospectively accredited with ACRRM. Examples of facilities that may contribute to an AST post include acute care paediatric post (6 months), community child health (3 months), child psychiatry (3 months). RACP accredited posts may be suitable but must be accredited by ACRRM as well for this training. See ACRRM Supervisor and Training Post Standards for further information.
Supervision	Specialist FRACP paediatrician or other Fellowship with relevant qualifications and experience who is overall responsible for the clinical and educational supervision of the registrar. See ACRRM Supervisor and Training Post Standards for further information.
Trainee Eligibility	Satisfactory completion of 12 months the ACRRM Core Generalist Training (CGT) training or be PGY3+ for those doctors not in Fellowship training.
Training Time	Advanced Specialised Training in Paediatrics requires a minimum 12 months full time or equivalent part time training in an ACRRM accredited training post. If part-time, registrars should be employed no less than 0.5 FTE. The training may be undertaken in two or more blocks or concurrently with Core Generalist Training.
Education	Average minimum 4 hours per week engaged in AST related educational activities. A record of education is to be kept by the registrar and discussed regularly throughout training with the Supervisor and Medical Educator. Registrars participate in RACP education program and education tailored to the AST curriculum.
Required Courses	Successful completion of: <ul style="list-style-type: none"> • Advanced Paediatrics Life Support (APLS) course • Neonatal resuscitation course • Child protection course covering identification and response to children and young people at risk and jurisdiction reporting requirements (many online short courses are available).
AST Required Competencies	See page 7 of the ACRRM AST Paediatrics Handbook
Onsite Assessments See ACRRM Fellowship Assessment Handbook for further information	To be submitted to ACRRM <ul style="list-style-type: none"> • Plan and Progress Report Advanced Specialised Training completed every 3 months by supervisor and registrar. • Five Mini-Clinical Evaluation Exercises (Mini-CEXs) spread across the year, conducted by nominated supervisor or specialist paediatrician, and to include a reasonable range of consult types, age groups and both genders. See MiniCEX Formative Scoring Form. • Five Case Based Discussions (CBD) encouraged. See CBD forms for templates.
External Assessments	ACRRM run AST Paediatrics Structured Assessment using Multiple Patient Scenarios (StAMPS) which is an OSCE/viva voce style case-based college examination in which the candidate is given community profile (see AST Paediatrics Stampsville Profile) on which to base answers. ACRRM provides mock examinations prior to scheduled StAMPS exams. See ACRRM Fellowship Assessment Handbook for further information.

If you have any enquiries or concerns, please contact the ACRRM Training Team training@acrrm.org.au or your Training Officer or Medical Educator