

Advanced Specialised Training (AST) Help Sheet

AST PALLIATIVE CARE

This Help Sheet is designed to give a short summary of requirements with links for the AST Palliative Care. Full curriculum requirements, including teaching and training posts, can be found in the [AST Palliative Care Handbook](#), please refer to this for more details regarding competencies, assessments and teaching requirements.

Training Post	Prospectively accredited ACRRM AST Palliative Care site or combination of sites. It is desirable, but not necessary, that the training can offer six months in an RACP accredited palliative medicine site, and six months in a regional or rural palliative care service under the supervision of a Rural Generalist Palliative Care Physician both of which need to be prospectively ACRRM accredited. See ACRRM Supervisor and Training Post Standards for further information.
Supervision	ACRRM accredited FRACP or equivalent (other Fellowship with relevant qualifications and experience) specialist supervisor who is responsible for the clinical and educational supervision of the registrar. Further details in ACRRM Supervisor and Training Post Standards
Trainee Eligibility	PGY3+ with satisfactory completion of 12 months of ACRRM Core Generalist Training (CGT).
Suggest Prerequisites	Ideal PGY4+ prior to commencement of AST
Training Time	Minimum 12 months full time or equivalent part time training in an ACRRM accredited training post. Can be completed part time no less than 0.5FTE and in blocks concurrently with CGT terms.
Education	Approved educational activities related to the AST to average a minimum of four hours per week – see ACRRM Supervisor Guide . A record of education must be kept by the registrar and discussed with the Supervisor and Medical Educator regularly throughout training.
Required Courses	ACRRM online courses relevant to AST Palliative Care, eg Palliative Care – A doctor's bag and Palliative Care – choose your own journey. See AST Palliative Care Handbook
Encouraged Courses	RACP Clinical Diploma in Palliative Medicine
AST Required Competencies	See AST Palliative Care Handbook page 7
Onsite Assessments	To be submitted to ACRRM AST Plan and Progress Report completed every 3 months by supervisor and registrar. Five Mini-Clinical Evaluation Exercises (mini-CEXs) spread across year, conducted by nominated supervisor or FRACP, on a minimum of 5 patient interactions and include reasonable range of consult types, age groups and genders. See MiniCEX Formative Scoring Form . Five Case Based Discussions conducted by their supervisor (strongly encouraged). See ACRRM CBD forms
Refer to ACRRM Fellowship Assessment Handbook	
External Assessments	Case Based Discussion (CBD) conducted by an ACRRM assessor. Six of twelve submitted cases are assessed. Four cases are to be submitted at CBD enrolment, then a minimum of 4 cases at a time to a total of 12 within 12 months of first submission. Actual patient examples managed by the registrar are to be used. At least 4 of the following areas are to be covered: malignancy, neurodegenerative disease, organ failure, frailty, dementia, HIV/AIDs. Only one case may cover more than one of the areas listed. See ACRRM Fellowship Assessment Handbook for further information of assessment criteria.

If you have any enquiries or concerns, please contact the ACRRM Training Team training@acrrm.org.au or your Training Officer or Medical Educator