

# Advanced Specialised Training (AST) Help Sheet

## AST POPULATION HEALTH

This Help Sheet is designed to give a one-page summary of requirements for the AST Population Health. Full curriculum requirements, including teaching and training posts, can be found in the [AST Population Health Handbook](#), please refer to this for more detail.

<b>Training Post</b>	Prospectively ACRRM accredited post or combination of posts. Examples of suitable posts can be found in <a href="#">AST Population Health Handbook</a> . See <a href="#">Supervisor and Training Post Standards</a>
<b>Supervision</b>	AST registrars will require specific medical, professional, and personal support and supervision arrangements. This will include at least one: <i>Specialist supervisor</i> – usually a Fellow with relevant qualifications and experience who is responsible for the clinical and educational supervision of the registrar. <i>Academic supervisor</i> with academic tertiary qualification ideally in population or public health and may have a medical qualification. See <a href="#">Supervisor and Training Post Standards</a> for more detail
<b>Trainee Eligibility</b>	Satisfactory completion of 12 months Core Generalist Training component of ACRRM Fellowship training (PGY2+) or PGY3 for those doctors not in Fellowship training.
<b>Suggested Prerequisites</b>	Candidates should have core generalist population health knowledge and skills, as outlined in the Rural Generalist Curriculum before commencing this AST.
<b>Training Time</b>	Minimum 12 months Full Time Equivalent (FTE) as either full time or part time at no less than 0.5FTE. Can be undertaken in two or more blocks or concurrently with CGT time. The 12 months FTE is generally spent working full time in a clinical post. At a minimum 0.8 FTE must be in the clinical post and up to 0.2 FTE undertaking work related to the project.
<b>Education</b>	Average a <b>minimum of four hours per week</b> engaged in educational activities related to the AST. A record of education must be kept by the registrar and discussed with the Supervisor and Medical Educator regularly throughout training
<b>Required Courses</b>	At a minimum <b>must</b> successfully complete an Epidemiology course at Grad Cert level or higher. Learning to be supplemented by completing other academic courses or ACRRM online courses which have content relevant to Population Health, Please refer to page 5 & 6 of the <a href="#">AST Population Health Handbook</a> for more detail
<b>Encouraged Courses</b>	Registrars are generally working towards or have completed academic qualifications in Population or Public Health or alternate university courses. Please refer to page 5 & 6 of the <a href="#">AST Population Health Handbook</a> for more detail
<b>Required Competencies</b>	Page 9 <a href="#">AST Population Health Handbook</a>
<b>Onsite Assessments</b>	<a href="#">AST Plan and Progress Report</a> every 3 months by supervisor and registrar. <a href="#">AST Project Academic Supervisor Report</a> with project proposal and completed project to be submitted to ACRRM
<b>External Assessments to be submitted to ACRRM</b>	Registrars must successfully complete a Project, during the AST, that relates to Population Health. To be original work at or near Masters Level done by the registrar. Options for projects can be found on page 7 <a href="#">AST Population Health Handbook</a> . All projects will require ethics approval. A candidate's AST <a href="#">Project Proposal Form</a> and <a href="#">AST Project Academic Supervisor Report</a> including details of ethics approval must be submitted to the College for review and approval by the Censor in Chief <b>before commencement</b> of the actual project. Completed projects must include submission of a piece of assessable written work of approximately 4000–5000 words in length. See <a href="#">Fellowship Assessment Handbook</a> for further information.

If you have any enquiries or concerns, please contact the ACRRM Training Team [training@acrrm.org.au](mailto:training@acrrm.org.au) or your Training Officer or Medical Educator