

# Advanced Specialised Training (AST) Help Sheet

## AST REMOTE MEDICINE

This Help Sheet is designed to give a one-page summary of requirements for the AST Remote Medicine. Full curriculum requirements, including teaching and training posts, can be found in the [AST Remote Medicine Handbook](#), please refer to this for more detail.

<b>Training Post</b> Refer to <a href="#">AST Remote Medicine Handbook</a>	Training for the Advanced Specialised Training year in remote medicine may be undertaken across one or more posts MM6-7 (MM5 may be considered – please ask ACRRM). An appropriate post or combination of posts must be prospectively accredited by ACRRM. See <a href="#">Supervisor and Training Post Standards</a>
<b>Supervision</b>	This will include at least one: <ul style="list-style-type: none"> <li>• <i>Specialist supervisor</i> – a doctor holding a Fellowship with relevant qualifications and experience who is overall responsible for the clinical and educational supervision of the registrar</li> <li>• <i>Academic supervisor with academic tertiary qualification</i> and may hold a medical qualification. Responsible for academic supervision and assistance with remote medicine project. See <a href="#">Supervisor and Training Post Standards</a> for more information</li> </ul>
<b>Trainee Eligibility</b>	Satisfactory completion of 12 months the ACRRM Core Generalist Training (CGT) training or be PGY3+ for those doctors not in Fellowship training.
<b>Suggested Prerequisites</b>	Candidates should already have core generalist remote medicine knowledge and skills, as outlined in the <a href="#">Rural Generalist Curriculum</a>
<b>Training Time</b>	Advanced Specialised Training in remote medicine requires a minimum 12 months full time (FTE) or equivalent part time training in an ACRRM accredited training post. If part-time, registrars should be employed no less than 0.5 FTE. The training may be undertaken in two or more blocks or concurrently with Core Generalist Training.
<b>Education</b>	<b>Average minimum of four hours per week</b> engaged in AST related educational activities – see <a href="#">ACRRM Supervisor Guide</a> . A record of education is to be kept by the registrar and discussed regularly with the Supervisor and Medical Educator throughout training. Registrars <i>must</i> participate in the education program provided by the training post.
<b>Required Courses</b>	Registrars will supplement their learning by completing courses including ACRRM online courses relevant to remote medicine, see page 5 <a href="#">AST Remote Medicine Handbook</a>
<b>Encouraged Courses</b>	Related academic qualifications while undertaking this AST. Please refer to page 6 <a href="#">AST Remote Medicine Handbook</a>
<b>AST Required Competencies</b>	Refer page 8 <a href="#">AST Remote Medicine Handbook</a>
<b>Onsite Assessments – to be submitted to ACRRM</b>	<ul style="list-style-type: none"> <li>• <a href="#">AST Plan and Progress Report</a> every 3 months by supervisor and registrar.</li> <li>• <a href="#">AST Project Academic Supervisor Report</a> with project proposal and completed project.</li> <li>• <b>Five Mini-Clinical Evaluation Exercises (Mini-CEXs)</b> spread across the year conducted by . See <a href="#">MiniCEX Formative Scoring Form</a>. The MiniCEX consults should be undertaken progressively during training and include a range of types of consults, age groups and mix of genders.</li> <li>• <b>Five Case Based Discussions (CBD)</b> encouraged. See <a href="#">CBD forms</a> for templates. See <a href="#">ACRRM Fellowship Assessment Handbook</a> for further information</li> </ul>
<b>External Assessments</b>	<b>Project</b> of original work relating to Remote Medicine at or near Masters level to be completed during the AST. This will require ethics approval and must be approved by the ACRRM Censor in Chief before commencement. Options for projects can be found on page 7 <a href="#">AST Remote Medicine Handbook</a> . All projects will require ethics approval. A candidate's <a href="#">AST Project Proposal Form</a> and academic supervisor's report including details of ethics approval must be submitted to the College for review and approval by the Censor in Chief <b>before commencement</b> of the actual project. Completed projects must include submission of a piece of assessable written work of approximately 4000–5000 words in length.

If you have any questions **If you have any enquiries or concerns**, please contact the ACRRM Training Team [training@acrrm.org.au](mailto:training@acrrm.org.au) or your Training Officer or Medical Educator