

Advanced Specialised Training (AST) Help Sheet

AST SURGERY

This Help Sheet is designed to give a one-page summary of requirements for the AST SURGERY. Full curriculum requirements, including teaching and training posts, can be found in the [AST Surgery Handbook](#), please refer to this for more detail.

Training Post	Prospectively ACRRM accredited post or combination of posts. Examples of suitable posts can be found on page 7 AST Surgery Handbook . See Supervisor and Training Post Standards
Supervision	AST registrars will require specific medical, professional, and personal support and supervision arrangements. This will include at least one <i>Specialist FRACS or equivalent fellow</i> who is overall responsible for the clinical and educational supervision of the registrar. See Supervisor and Training Post Standards for more detail
Trainee Eligibility	Satisfactory completion of 12 months the ACRRM Core Generalist Training (CGT) training or be PGY3+ for those doctors not in Fellowship training.
Suggested Prerequisites	Have core generalist surgery knowledge and skills, as outlined in the Rural Generalist Curriculum before commencing this AST. It is expected that the candidate can perform a defined list of generic elementary surgical skills (as defined by Royal Australasian College of Surgeons - RACS): see page 5 AST Surgery Handbook
Training Time	Minimum 24 months full time (FTE) or equivalent part time (no less than 0.5 FTE) training in a prospectively ACRRM accredited training post. The training may be undertaken in two or more blocks or concurrently with CGT.
Education	Average a minimum of four hours per week engaged in educational activities related to the AST – see ACRRM Supervisor Guide . A record of education must be kept by the registrar and discussed with the Supervisor and Medical Educator regularly throughout training. Registrars participate in RACS registrar education program and education sessions tailored to the AST curriculum
Required Courses	Registrars must successfully complete the following courses: <ul style="list-style-type: none"> • RACS Australian and New Zealand Surgical Skills Education and Training (ASSET) course or RANZCOG Basic Surgical Skills Workshop Advanced Specialised Training Surgery Page 6 of 14 • Early Management of Severe Trauma (EMST) • Care of the Critically Ill Patient (CCrISP) Candidates are required to complete Gastroscopy & Colonoscopy training that meets the requirements of the Conjoint Committee for Recognition of Training in Gastrointestinal Endoscopy (CCRTGE).
Required Competencies	Page 8 AST Surgery Handbook
Onsite Assessments	AST Plan and Progress Report every 3 months by supervisor and registrar. Minimum of ten Mini-Clinical Evaluation Exercises (Mini-CEXs) conducted by supervisor. See MiniCEX Formative Scoring Form . Five MiniCEXs can be replaced by Direct Observation of Procedural Skills (DOPS). Five Case Based Discussions with supervisor (strongly encouraged). A log of surgical procedures to be submitted to ACRRM – see page 8 of AST Surgery Handbook for more information
External Assessments	ACRRM AST Surgery Structured Assessment using Multiple Patient Scenarios (StAMPS), an OSCE/viva voce style case-based college examination in which the candidate is given community profile on which to base answers, please see AST Surgery Stampsville Profile and ACRRM Rural Generalist Assessment page . ACRRM provides Mock examinations prior to scheduled StAMPS exams.

If you have any enquiries or concerns, please contact the ACRRM Training Team training@acrrm.org.au or your Training Officer or Medical Educator