

MY HEALTH RECORD

FACT SHEET

WHAT IS MY HEALTH RECORD?

My Health Record is a secure online summary of an individual's health information. It allows timely access to information about your patients from any location, provided that there is an internet connection. It provides rural doctors with a consolidated view of episodic health information, stored and made available to the patient and their medical practitioners.

Since 2012, the quality and type of health information available in the My Health Record has increased. New pathology and diagnostic imaging reports, medication information through Shared Health Summaries, PBS, Event Summaries and Hospital Discharge Reports all have contributed to a valuable resource for both regular and visiting patients. The system has undergone further software developments, making important and current information easier to find through overviews of medications, pathology and diagnostic imaging, with further improvements on the way.

WHY IS MY HEALTH RECORD IMPORTANT FOR RURAL GENERALISTS?

Over 23 million Australians have a My Health Record and as Rural Generalists supporting members of your local communities, it is important to stay up to date with the latest technology. My Health Record is a useful tool to gain information about your patients and collaborate with other medical practitioners.

My Health Record is becoming the 'information glue' that supports a patient's journey through the health system. Key health data is being added to a consolidated and curated set of summary health information enabling less phone calls, faxing and chasing other health providers for information about your patient.

WHAT UPDATES ARE BEING MADE?

- Rural doctors can now view pathology and diagnostic reports, with results sent automatically to a patient's record.
- Medicines information view collates medicines information from a number of sources and displays it in a summarised manner.
- Pharmacist Shared Medicines List (PSML), where a curated summary of current medications prescribed, along with over the counter medicines, is uploaded by a pharmacist.

Learn more at myhealthrecord.gov.au.

EXAMPLE CASE STUDY

- ◇ Patient has type 2 diabetes and glaucoma and is being managed proactively by their regular GP. The GP has newly diagnosed hypertension, has prescribed new medication and uploads a Shared Health Summary to their My Health Record.
- ◇ Patient visits son in Darwin, has a dizzy spell, collapses and is brought to the hospital.
- ◇ Hospital accesses MHR, views the recent Shared Health Summary and sees patient has hypertension.
- ◇ Hospital staff check prescribed medication in the Medications view within My Health Record, check PBS activity and notes the new medication has not been dispensed - patient has forgotten to pick up the new script.
- ◇ Patient is admitted to hospital for observation and is given a new script for the same medication.
- ◇ Patient's MHR is updated with a hospital discharge summary.
- ◇ Patient's GP checks MHR during next visit and can see the discharge summary with details of the hospital admission.

MORE INFORMATION

EDUCATION & TRAINING RESOURCES

To learn more about how My Health Record can assist rural clinicians to deliver better care, visit acrrm.org.au/myhealthrecord to access our online course *Digital Health in Rural and Remote Australia - Better Health, Easier to Deliver*.

In addition, a suite of resources, videos and webinar recordings can also be found on our website.

MY HEALTH RECORD SIMULATION ENVIRONMENT

There are a number of practice management systems available to trial before using the system in a live environment. Search clinical software simulators and demonstrations at myhealthrecord.gov.au.

CONTACT US

For more information on My Health Record, email health@arm.org.au.

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To find out more, visit us online at acrrm.org.au/myhealthrecord

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