

Palliative Care Case Studies – PCC4U

Self-Directed Learning

Four modules and four focus topics, aim to support learning about palliative care in specific populations and contexts. These resources have been developed by PCC4U Palliative Care Curriculum for Undergraduate and used for palliative care education. The following videos are designed to accompany written evidence based content and thinking points, however you will find the videos are useful tool on their own. More information about PCC4U and the learning resources can be found at www.pcc4u.org.au .

Reflections on What You Have Learnt

- 1.What key points have you learnt from the activities in this module that will help you in providing care for people with life-limiting illnesses and their families?
- 2.What specific strategies do you plan to incorporate as a graduate health care professional?
- 3.Do you see any difficulties using what you’ve learnt here as part of your practice as a health care professional? If so, what strategies might you use to address these difficulties?

**Acknowledgement: All modules and topics have been provided by PCC4U Palliative Care Curriculum for Undergraduates (www.pcc4u.org.au)

Core Modules

[Module 1 – Principles of Palliative Care](#)

[Module 2 – Communicating with People with Life-limiting Illnesses](#)

[Module 3 – Assessing and Managing Symptoms](#)

[Module 4 – Optimising Function in Palliative Care](#)

This module will help you develop the knowledge and skills needed to provide quality care, across various health care settings, to people with life-limiting illnesses and their families.

Aims & objectives

You’ll develop an understanding of the social and personal experiences of people with life-limiting illnesses and their families. This module will also cover principles of palliative care.

After completing this module, you should be able to:

- > analyse the impact historical trends have on community perceptions about death, dying and bereavement in contemporary society
- > recognise how your own values and beliefs about death and dying affect your responses and interactions with people with life-limiting illnesses and their families
- > describe the core principles of palliative care.

Watch the [case study here](#).

For further learning on the Principles of Palliative Care, visit the [PCC4U website – Module 1: Principles of palliative care.](#)

Focus Topics Modules

[Topic 1 – Multidisciplinary Care](#)

[Topic 2 – Caring for Aboriginal people with life-limiting conditions](#)

[Topic 3 – Caring for children with life-limiting conditions](#)

[Topic 4 – Culture-centred care of people with life-limiting conditions](#)

This topic will provide an opportunity to develop knowledge and skills associated with providing culturally appropriate care for people with life-limiting conditions.

Aims & objectives

This focus topic is based on the core principles of palliative care and is designed to supplement the learning activities in Module 1: Principles of palliative care.

After completing this focus topic, you should be able to:

- > understand the role of culture in contributing to individual’s experiences of living with a life- limiting condition
- > apply principles of culturally centred care when caring for people with life-limiting conditions.

Watch the [case study here](#).

For further learning on culture-centred care, visit the [PCC4U website: Topic 4: Culture-centred care of people with life-limiting conditions.](#)

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