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| School of Psychology |  |
| **PARTICIPANT INFORMATION STATEMENT** |
| General Practitioners Stakeholder Consultations for dementia risk reduction programs |

1. **What is the research study about?**

You are invited to take part in this research study. The research study aims to to explore your perspective on referring patients with subjective cognitive decline or mild cognitive impairment to a dementia risk reduction program. The program, called CogCoach-Health, involves an e-learning course that teaches patients about brain health, memory strategies and how to adopt lifestyles that reduce their risk of dementia. The program includes sessions with exercise physiologists, dieticians and a psychologist who support patients to adopt lifestyle changes in ways that are tailored to their individual medical and personal circumstances. CogCoach-Health is being evaluated in a clinical trial. You have been invited because you are a general practitioner, and you contact details were obtained through the professional networks of the investigators (please see below) of this study.

1. **Who is conducting this research?**

The research study is being carried out by the following researchers:

* Scientia Professor Kaarin Anstey, School of Psychology at the University of New South Wales (UNSW)
* Professor Nicola Lautenschlager, Academic Unit for Old Age Psychiatry, University of Melbourne
* Dr Terence Chong, Academic Unit for Old Age Psychiatry, University of Melbourne
* Dr Thomas Rego, Academic Unit for Old Age Psychiatry, University of Melbourne
* Dr Jess Dumble, Melbourne Medical School, University of Melbourne
* Ms Nienke Uhrig, Academic Unit for Psychiatry of Old Age, University of Melbourne
* Professor Sharon Naismith, School of Psychology, University of Sydney
* Professor Karen Charlton, School of Medical, Indigenous and Health Sciences, University of Wollongong
* Professor Dimity Pond, Discipline of General Practice, University of Newcastle
* Dr Anthony Hobbs, Aged Care, Calvary Health
* Dr Marita Long, Primary Care, University of Melbourne
* Ms Ranmalee Eramudugolla, School of Psychology, UNSW
* Ms Andrea Lammél, School of Psychology, UNSW

**Research Funder:** This research study is funded by a Medical Research Future Fund (RG231312).

1. **Inclusion/Exclusion Criteria**

Before you decide to participate in this research study, you should meet the following criteria:

* Fully registered and currently practicing general practitioner
* Proficient in English
* Have access to a telephone and/or the internet
* Willing to participate in an audio-recorded interview
* Based in Australia.
1. **Do I have to take part in this research study?**

Participation in this research study is voluntary. If you do not want to take part, you do not have to. If you decide to take part and later change your mind, you are free to withdraw from the study at any stage (see Item 11).

1. **What does participation in this research require, and are there any risks involved?**

If you decide to take part in the research study, we will ask you for your verbal consent to participate in an interview conducted via telephone or online (on Zoom and/or Teams) that will take approximately 20-30 minutes. The interview will be conducted by a clinician who will ask some structured questions to discuss your thoughts on the following questions/topics:

* Whether general practitioners would consider using a chronic disease management plan for dementia risk reduction?
* Whether general practitioners use dementia risk reduction programs in their clinical practice and what type?
* What aspects of such programs would make them useful or not?
* What are the barriers and enablers to using risk reduction programs in the clinic?
* What sort of evidence, training or accessibility needs must be met before using such programs?

We don’t expect this research to cause any harm. However, you may skip any or all verbal questions if you wish.

1. **Total participation time**

In total, participation in this study will require one 20-30 minutes session.

1. **Recompense to participants**

You will receive $150.00 as recompense for your participation in the form of an electronically sent Mastercard supplied by Zenith.

1. **What are the possible benefits to participation?**

We cannot promise that you will receive any benefits from this study, but we hope to use the findings from this study to improve the implementation of the CogCoach-Health online dementia risk reduction program and future approaches to implementing it in clinical practice.

1. **What will happen to information about me?**

The information that you give us will be kept for 5 years after the project’s completion. We will store information about you in a non-identifiable format in the UNSW data repository (ResData).

Your information will only be used ~~for~~ to improve the implementation of the CogCoach-Health online dementia risk reduction program and future approaches to implementing it in clinical practice.

The information you provide is personal information for the purposes of the Privacy and Personal Information Protection Act 1998 (NSW). You have the right of access to personal information held about you by the University, the right to request correction and amendment of it, and the right to make a compliant about a breach of the Information Protection Principles as contained in the PPIP Act. Further information on how the University protects personal information is available in the [**UNSW Privacy Management Plan**](https://www.legal.unsw.edu.au/compliance/privacyhome.html).

1. **How and when will I find out what the results of the research study are?**

The research team intend to publish and report the results of the research study in a variety of ways. All information published will be done in a way that will not identify you. If you would like to receive a copy of the results you can let the research team know. We will only use these details to send you the results of the research.

1. **What if I want to withdraw from the research study?**

If you do consent to participate, you may withdraw at any time. You do not have to give any reason for withdrawing. However, please let the researcher know by email or a phone call.

Your decision not to participate or to withdraw from the study will not affect your relationship with any of the researchers or UNSW or other institutions and organisations associated with this project. If you decide to leave the research study, the researchers will not collect additional information from you. Any identifiable information about you will be withdrawn from the research project.

1. **What should I do if I have further questions about my involvement in the research study?**

If you require further information regarding this study or if you have any problems that may be related to your involvement in the study, you can contact the following member/s of the research team:

**Research Team Contact Details**

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| **Name** | Andrea Lammél |
| **Position** | Trial Coordinator |
| **Telephone** | 02 9339 1043 |
| **Email** | a.lammel@unsw.edu.au |

**Chief Investigator**

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| **Name** | Kaarin Anstey |
| **Position** | Scientia Professor |
| **Telephone** | 02 9339 1019 |
| **Email** | k.anstey@unsw.edu.au |

**What if I have a complaint or any concerns about the research study?**

If you have a complaint regarding any aspect of the study or the way it is being conducted, please contact the UNSW Human Ethics Coordinator:

**Complaints Contact**

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| **Position** | UNSW Human Research Ethics Coordinator |
| **Telephone** | 02 9385 6222 |
| **Email** | humanethics@unsw.edu.au  |
| **HC Reference Number** | iRECS6998 |